

AquaFitness

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
08h30 (45) aquafitness	07h45 (30) aquabiking	09h30 (45) bodypalmi	07h45 (30) aquabiking	08h30 (45) aquafitness	11h30 (45) aquarelax	10h45 (45) aquafitness
11h30 (30) aquabiking		10h30 (45) aquafitness		11h30 (30) aquabiking		11h45 (30) aquabiking
		11h30 (30) aquabiking				
12h30 (45) aquafitness	12h30 (45) aquaboxing	12h30 (45) aquafitness	12h30 (30) aquabiking	12h30 (45) aquafitness	12h30 (30) aquabiking	12h15 (45) swimfit
swimfit						
18h30 (45) bodypalmi	18h00 (30) aquabiking	18h00 (30) aquabiking	16h15 (45) aquafitness	18h00 (45) bodypalmi		
	18h30 (45) aquafusion	18h30 (45) aquafitness	18h00 (30) aquabiking	18h45 (30) aquabiking		
			18h30 (45) aquafitness			
19h15 (45) aquafitness	19h15 (45) aquafitness	19h15 (45) 1 Sem/2 swimcross	19h15 (45) aquaboxing	19h15 (45) aquafitness		
20h00 (30) aquabiking	20h00 (30) aquabiking	swimfit		20h00 (30) aquabiking		

